



TTI-P-G 158



Report

Dosimetric Assessment of the Mobile Ericsson T18z with an without the PAM System Technologies devices According to the American FCC Requirements

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Executive Summary

The SAR SHIELD (My Shield) from PAM System Technology is an accessory for cellular phones which is designed to reduce the electromagnetic field inside the human head. The reduction in the specific absorption rate (SAR) is tested using a Ericsson T18z mobile phone. A dosimetric assessment of the mobile phone is conducted with and without SAR SHIELD. The mobile phone has a helix antenna and operates in the PCS 1900 standard. The examinations have been carried out with the dosimetric assessment system „DASY3“.

The measurements were made according to the Federal Communications Commission (FCC) Guidelines [FCC 1997] for evaluating compliance of mobile phones with the IEEE Standard C95.1 [IEEE 1999]. In [IEEE 1999] limits are defined to prevent harmful effects in human beings exposed to electromagnetic fields.

Using the SAR SHIELD (My Shield) accessory with a Ericsson T18z in PCS 1900 mode a reduction in SAR between 84% and 87% is measured.

Note: The measured SAR values depend on the material parameters. Therefore the material parameters must be enclosed in all copies and publications of these results.

The tests only focus on the specific absorption rate (SAR) inside the users head. The radiation characteristics of the mobile phone are not investigated.

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1 Subject of Investigation

The SAR SHIELD (My Shield) from PAM System Technology is an accessory for cellular phones which is designed to reduce the electromagnetic field inside the human head. The reduction in the specific absorption rate (SAR) is tested using a Ericsson T18z mobile phone. A dosimetric assessment of the mobile phone is conducted with and without SAR SHIELD. The mobile phone has a helix antenna and operates in the PCS 1900 standard. The examinations have been carried out with the dosimetric assessment system „DASY3“.

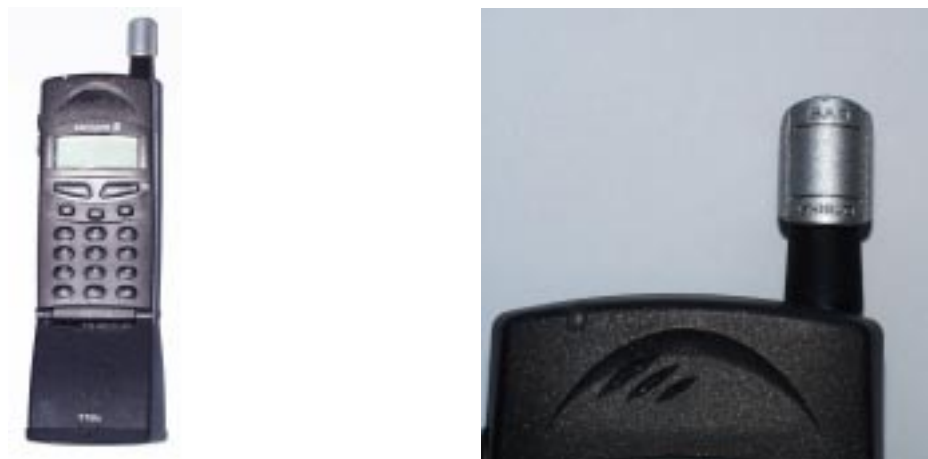


Fig. 1: Pictures of a Ericsson T18z with the SAR SHIELD accessory.

2 The IEEE Standard C95.1

In the USA the recent Standard IEEE C95.1 was published in April 1999 [IEEE 1999]. It sets limits for human exposure to radiofrequency fields in the frequency range 3 kHz to 300 GHz.

2.1 Distinction Between Exposed Population, Duration of Exposure and Frequencies

The American standard distinguishes between controlled and uncontrolled environment. Controlled environments are locations where there is exposure that may be incurred by persons who are aware of the potential for exposure as a concomitant of employment or by other cognizant persons. Uncontrolled environments are locations where there is the exposure of individuals who have no knowledge or control of their exposure. The exposures may occur in living quarters or workplaces.

For exposure in controlled environments higher field strengths are admissible. In addition the duration of exposure is considered. For the relevant frequency range the limit is made at 30 minutes exposure time. For short-term exposure below a duration of 30 minutes, higher field strengths are admissible.

Due to the influence of frequency on important parameters, as the penetration depth of the electromagnetic fields into the human body and the absorption capability of different tissues, the limits in general vary with frequency.

2.2 Distinction between Maximum Permissible Exposure and SAR Limits

The biological relevant parameter describing the effects of electromagnetic fields in the frequency range of interest is the specific absorption rate SAR (dimension: power/mass). It is a measure of the power absorbed per unit mass. The SAR may be spatially averaged over the total mass of an exposed body or its parts. The SAR is calculated from the r.m.s. electric field strength E inside the human body, the conductivity σ and the mass density ρ of the biological tissue:

$$SAR = \sigma \frac{E^2}{\rho} = c \frac{\partial T}{\partial t} \Big|_{t \rightarrow 0+} \quad (1)$$

The specific absorption rate describes the initial rate of temperature rise $\partial T / \partial t$ as a function of the specific heat capacity c of the tissue. A limitation of the specific absorption rate prevents an excessive heating of the human body by electromagnetic energy.

As it is sometimes difficult to determine the SAR directly by measurement (e.g. whole body averaged SAR), the standard specifies more readily measurable maximum permissible exposures in terms of external electric E and magnetic field strength H and power density S , derived from the SAR limits. The limits for E , H and S have been fixed so that even under worst case conditions, the limits for the specific absorption rate SAR are not exceeded.

For the relevant frequency range the maximum permissible exposure may be exceeded if the exposure can be shown by appropriate techniques to produce SAR values below the corresponding limits.

2.3 SAR Limit

In this report the comparison between the American exposure limits and the measured data is made using the spatial peak SAR; the power level of the device under test guarantees that the whole body averaged SAR is not exceeded.

Having in mind a worst case consideration, the SAR limit is valid for uncontrolled environment and for exposure times longer than 30 minutes [IEEE 1999]. According to Table 1 the SAR values have to be averaged over a mass of 1 g (SAR_{1g}) with the shape of a cube.

Standard	Status	SAR limit [W/kg]
IEEE C95.1	In force	1.6

Table 1: Relevant spatial peak SAR limit averaged over a mass of 1 g.

3 The American Measurement Procedure

The Federal Communications Commission (FCC) has published a report and order on the 1st of August 1996 [FCC 1996], which requires routine dosimetric assessment of mobile telecommunications devices, either by laboratory measurement techniques or by computational

modeling, prior to equipment authorization or use. In 1997 the FCC has published additional information for evaluating compliance of mobile and portable devices with FCC limits for human exposure to radiofrequency emissions [FCC 1997]. This supplement is not intended, however, to establish mandatory procedures, and other methods and procedures may be acceptable if based on sound engineering practice.

3.1 Test Conditions

The device under test has to operate at maximum power level with a fully charged battery during the measurement. The SAR test has to be performed with the mobile phone transmitting at three different frequencies in the allocated frequency band: lowest frequency, center frequency, and highest frequency. For devices with retractable antenna the tests shall be performed with the antenna fully extended and fully retracted.

3.2 Test Position

The lack of standardized test positions for evaluating handsets can result in difficulties in determining RF compliance with SAR limits. Therefore the FCC recommends one test position (other test positions representing normal operating positions are also acceptable):

First the device is positioned in a normal operating position with the center of its ear-piece aligned with the location of the ear canal on a simulated head model. With the ear-piece pressed against the head, the next step is to align the vertical center-line of the body of the handset with an imaginary plane consisting of the three lines joining both ears and the tip of the mouth. While maintaining these alignments, the body of the handset is gradually moved towards the cheek until any point on the mouth-piece or keypad is in contact with the cheek.

4 The Measurement System

DASY is an abbreviation of „Dosimetric Assessment System“ and describes a system which is able to determine the SAR distribution inside a phantom of a human being according to different standards. It consists of a robot, several field probes calibrated for use in liquids, a shell phantom, tissue simulating liquid and software. The software controls the robot and processes the measured data to compare them with safety levels with respect to human exposure to radio frequency electromagnetic fields. Fig. 2 shows the equipment, similar to the installations in other laboratories [DASY 1995].

A mobile phone operating at the maximum power level is placed by a non metallic device holder in a well-defined position at a shell phantom of a human being. The distribution of the electric field strength E is measured in the tissue simulating liquid within the shell phantom. For this miniaturized field probes with high sensitivity and low field disturbance are used. Afterwards the corresponding SAR values are calculated with the known electrical conductivity σ and the mass density ρ of the tissue. The system software is able to determine the averaged SAR values (averaging region 1 g or 10 g) for compliance testing.



Fig. 2: The measurement setup with a phantom containing tissue simulating liquid and a device under test.

This is done by two scans: first a coarse scan determines the region of the maximum SAR, afterwards the 1 g or 10 g averaged SAR is measured in a second fine scan. The measurement time takes about 20 minutes.

The phantom (generic twin phantom) is a fiberglass shell integrated in a wooden table. The thickness of the phantom amounts to $2 \text{ mm} \pm 0.1 \text{ mm}$. It enables the dosimetric evaluation of left and right hand phone usage. The phantom setup includes a coverage (polyethylene) which prevents the evaporation of the liquid. The ear is simulated by ensuring a space of 4 mm thickness between the tissue simulating liquid and the speaker of the phone.

4.1 Technical Parameters of the Measurement System

Parameter	DASY3
Spatial resolution	5 mm
Repeatability of probe position	± 0.1 mm
Dynamic range	5 mW/kg - 100 W/kg

Table 2: DASY3 system specification.

Parameter	Accuracy
Frequency linearity	± 0.2 dB
Deviation from isotropy (in air)	± 0.8 dB
Surface detection	± 0.2 mm

Table 3: Probe specification.

Parameter	Noise floor
SAR values	< 0.005 W/kg
Electric field strength E	< 1 V/m

Table 4: Sensitivity of DASY3.

Accuracy influencing conditions	Accuracy of SAR values
Isotropy, calibration, noise floor	< 13 % @ 1 W/kg
Extrapolation of SAR values	< 7 %
Dielectric parameters	< 5 %

Table 5: Accuracy of the SAR values determined by measurements [Kuster 1997].

5 SAR Results

The Tables below contain the measured SAR values averaged over a mass of 1 g.

Position	Channel	SAR(1g) W/kg	File
touch	810	0.423 ± 0.109	t18oplh_4.DA3
touch	661	0.422 ± 0.108	t18oplm_4.DA3
touch	512	0.470 ± 0.120	t18opll_4.DA3

Table 6: Measurement results for PCS 1900 for the Ericsson T18z, without SAR SHIELD in left hand position.

Position	Channel	SAR(1g) W/kg	File
touch	810	0.065 ± 0.021	t18mplh_4.DA3
touch	661	0.057 ± 0.019	t18mplm_4.DA3
touch	512	0.058 ± 0.019	t18mpll_4.DA3

Table 7: Measurement results for PCS 1900 for the Ericsson T18z, with SAR SHIELD in left hand position.

Position	Channel	SAR(1g) W/kg	File
touch	810	0.386 ± 0.100	t18oprh_4.DA3
touch	661	0.376 ± 0.097	t18oprm_4.DA3
touch	512	0.408 ± 0.105	t18opr1_4.DA3

Table 8: Measurement results for PCS 1900 for the Ericsson T18z, without SAR SHIELD in right hand position.

Position	Channel	SAR(1g) W/kg	File
touch	810	0.050 ± 0.017	t18mprh_4.DA3
touch	661	0.049 ± 0.017	t18mprm_4.DA3
touch	512	0.055 ± 0.018	t18mpr1_4.DA3

Table 9: Measurement results for PCS 1900 for the Ericsson T18z, with SAR SHIELD in right hand position.

6 Evaluation

In Fig. 3 and Fig. 4 the SAR results for PCS 1900 given in Tables 6 - 9 are summarized and compared to the limit.

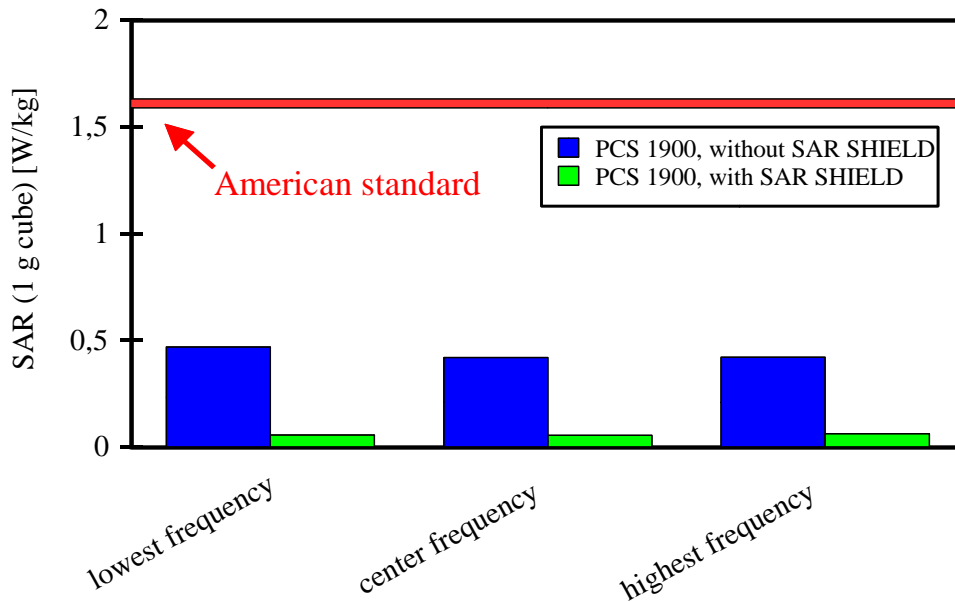


Fig. 3: The measured SAR values for PCS 1900 using the Ericsson T18 z in comparison to the American standard without and with the SAR SHIELD (My Shield) (left hand position).

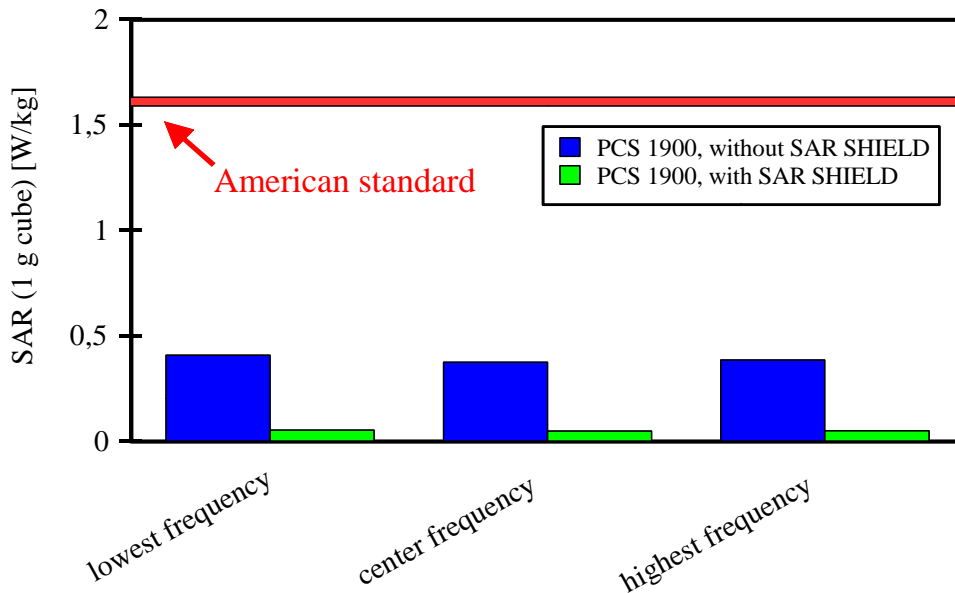


Fig. 4: The measured SAR values for PCS 1900 using the Ericsson T18 z in comparison to the American standard without and with the SAR SHIELD (left hand position).

Fig. 5 shows the SAR distribution plot with the maximum local SAR for PCS 1900 respectively.

Ericsson T18z

Generic Twin; Left Hand

Probe: ET3DV5/DAE3 - 1332; ConvF(4.12,4.12,4.12); Crest factor: 8.0; Brain 1900MHz: $\sigma = 1.82$ mho/m $\epsilon_r = 40.5$ $\rho = 1.04$ g/cm³

∴, 0

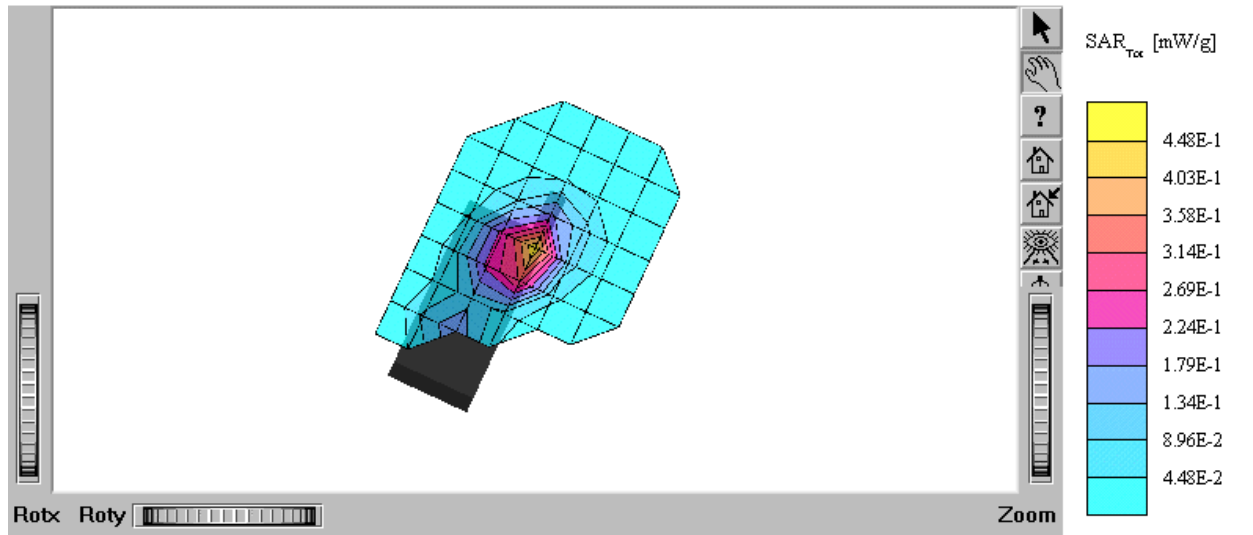


Fig. 5: SAR distribution plot with maximum local SAR value for PCS 1900 (channel 0512, left hand position without SAR SHIELD).

Using the SAR SHIELD accessory with a Ericsson T18z in PCS 1900 mode a reduction in SAR between 84% and 87% is measured.

Note: The measured SAR values depend on the material parameters. Therefore the material parameters must be enclosed in all copies and publications of these results.

The tests only focus on the specific absorption rate (SAR) inside the users head. The radiation characteristics of the mobile phone are not investigated.

7 Appendix

7.1 Administrative Data

Date of measurement: September 23, 2000 by: André van den Bosch
Data stored: Castelberg Technologies Srl_6575_125

7.2 Device under Test and Test Conditions

MTE: Ericsson T18z
IMEI: 010053520249390
Date of receipt of MTE: September 21, 2000
Standard: PCS 1900
Modulation: GMSK
Frequency Tx: PCS 1900, low end: ch. 0512, center: ch. 0661, high end: ch. 810
MS Pwr TCH: 30 dBm
Battery status: charged batteries (4,8V), battery status checked with the battery status bar of the MTE at the end of each measurement
Base station (BS): Wavetek STABILOK 4032 GSM

7.3 DASY Options

Softwareversion: DASY3 V3.1c
Probe: ET3DV5 SN: 1332
Validation: PCS 1900: September 22, 2000, dipole validation kit: D1800V2 #: 206
Phantom: Schmid & Partner generic twin phantom, left and right hand position

7.4 Test Position

The test position used for the dosimetric assessment is shown in Fig. 7. For an exact description helpful geometrical definitions are introduced and shown in Fig. 6.

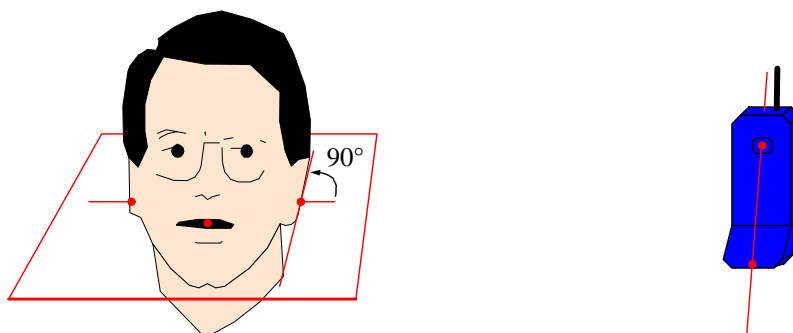


Fig. 6: Geometrical definitions for the description of the test position.

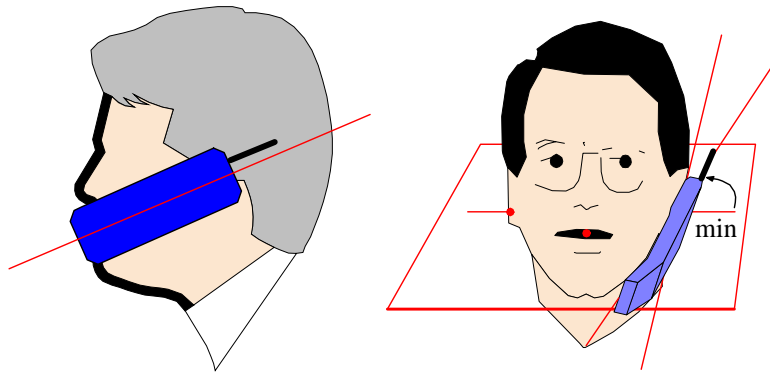


Fig.7: The test position used for compliance testing.

A reference line describing the phone is defined as a line (on the surface of the phone facing the phantom) which connects the center of the ear piece with the center of the bottom of the case (typically near the microphone). The human head position is given by means of a reference plane defined by the following three points: auditory canal opening of both ears and the center of the closed mouth.

The center of the ear piece is placed directly at the entrance of the auditory canal. The telephone line lies in the head plane. The angle between the phone line and the line connecting both auditory canal openings is reduced until the device touches the surface of the phantom.

7.5 Material Measurement System

Type: HP85070B
 Softwareversion: HP85070 Rev. B.01.05 1993
 VNA: HP8753D (6 GHz option)

Material parameters:

	PCS 1900
Relative permittivity ϵ_r	40,5 ± 5,6
Conductivity σ	(1,82 ± 0,23) S/m
Mass density ρ	1.04 g/cm ³

Table 10: Parameters of the tissue simulating liquid.

7.6 Environment

Ambient temperature: 23 °C - 25 °C
Tissue simulating liquid: 21 °C - 23 °C

8 References

- [IEEE 1999] IEEE Std.C95.1, 1999 Edition: IEEE Standard for Safety Levels with Respect to Human Exposure to Radio Frequency Electromagnetic Fields, 3 kHz to 300 GHz, Inst. of Electrical and Electronics Engineers, Inc., 1999.
- [DASY 1995] Referenzliste des Herstellers, der Fa. Schmid & Partner Engineering AG, über installierte DASY-Systeme mit RX90 Robotern: Deutsche Telekom, Forschungs- und Technologiezentrum; Motorola Cellular - MRO; Motorola; Ericsson Mobile Communications AB; Nokia Mobile Phones LTD; IMST GmbH, 1995.
- [FCC 1996] Federal Communications Commission: Report and order: Guidelines for evaluating the environmental effects of radiofrequency radiation, Tech. Rep. FCC 96-326, FCC, 1996.
- [FCC 1997] Federal Communications Commission: Evaluating Compliance with FCC Guidelines for Human Exposure to Radiofrequency Electromagnetic Fields, Supplement C to OET Bulletin 65, FCC, 1997.
- [Kuster 1997] N. Kuster, R. Kästle and T. Schmid: Dosimetric evaluation of handheld mobile communications equipment with known precision, In: IEICE Trans. Commun., Vol. E80-B, No. 5, 645-652, 1997.